

SAGE

SELF
AWARENESS *and*
GROWTH
EXPERIENCE: *a workshop for all leader
levels*



In “Creating the Best Workplace on Earth” (Harvard Business Review, May 2013), Rob Goffee and Gareth Jones shared their research regarding the relationship between authenticity and effective leadership. The authors concluded that, “simply put, people will not follow a leader they feel is unauthentic. But the executives we questioned also made it clear that to be authentic, they needed to work for an authentic organization.”

SAGE workshops promote greater self-awareness to create more authentic leadership and improve productivity.

Are you an authentic leader?

OBJECTIVE:

SAGE is designed to facilitate self-awareness and help individuals become more effective leaders at work and in their personal lives by clearing blocks that interfere with productivity, authenticity and growth.

OVERVIEW:

SAGE consists of one-day workshops and coaching sessions in-person or via Skype to assist individuals seeking a more fulfilling experience and greater impact, personally and professionally. Since situations and challenges are ever-changing, people need a greater understanding of who they

really are in order to see opportunities more clearly. Solutions to challenges will reveal themselves through one’s inner resources by overcoming self-imposed obstacles.

SAGE clarifies one’s current life patterns and reveals one’s future vision. Stress and overwork have become the byproduct of a results-driven society, causing one to overlook the cost to themselves, their loved ones and the institutions they serve. Through greater self-awareness and a clearer vision of opportunities, we open up to greater professional and personal success.

WORKSHOP OUTCOMES:

- Understand your strengths and opportunities and how they impact different areas of your life
- Lead more authentically by gaining self-awareness
- Understand how you are investing your energy in order to make more effective choices

One-Day SAGE Workshops: available for groups of 12-50 to teach program concepts and provide participants with greater self-awareness to promote authentic leadership

Post-program support: Coaching can be elected after workshop completion.

HISTORY:

The SAGE process has been successfully used to help individuals within organizations to discover their authentic leadership potential in order to experience personal and professional transformation. SAGE’s success comes from creating more fulfilling lives by helping you discover your unique purpose and use internal resources to dissolve inner barriers to growth. What differentiates SAGE from other processes is its focus on a deep-dive into the underlying obstacles to success.



SAGE:

1-Day Workshop Agenda

What is success?

Through individual and team-building exercises, participants will gain greater insight into what it means to be a successful, authentic leader.

The Strategy of Creating Success

- Determine your current situation and intended future state.
- Analyze the necessary steps to achieve your outcome.
- Frame leadership as a form of inspiration in your own life and how to become an inspiration to others.
- Explore the intentions, actions and possible outcome of work-related decisions.
- Engage in an exercise in authenticity and effective.

Self-Awareness:

- Understand your strengths and opportunities
- Gain awareness of the current situation and how to manifest change at work.
- Determine how to stay on purpose/focused.
- Evaluate and transform situations at work.
- Understand why people perform the way they do at work.
- Determine how to influence people and situations at work.

Cocreate a Mission Statement

- Define ways to apply leadership training to your life for maximum results.
- Create a unified team vision for management, as well as your life.
- Understand the impact of energy on the ability to lead
- Create a leadership strategy and plan of action.
- Create a unified team vision for upper-level management, as well as your life.

Putting it to work:

- Define a leadership strategy in order to implement a POA in each department upon your return to the workplace.